

## **F2 - Answering the Tough Questions**

As youth enter puberty they may have a number of sexual health, hygiene and relationship questions that you are either unfamiliar with or unsure of how to answer. Participants will be given a safe space and time to practice answering these questions in a trauma sensitive, developmentally appropriate way. Participants will walk away with tools and resources for answering tough questions and ways to share this information with birth parents. *Trainer: Bobbie Jo Sheridan (Approved for CEUs)*



### **About Bobbie Jo Sheridan**

Bobbie Jo Sheridan is the Training & Education Coordinator for EyesOpenIowa. Bobbie Jo is both a Licensed Social Worker and Certified Prevention Specialist in the state of Iowa. She has provided prevention services and education to various populations including at-risk and incarcerated youth, female inmates, school administrators and college students. Bobbie Jo graduated from the University of Northern Iowa with a B.S. in social work