

E1 - Hope for Healing: Understanding Trauma and Attachment

When we hear foster parents say that they have tried everything, and they are ready to give up, chances are they are dealing with trauma and attachment issues. These children who are afraid to trust can be some of the most difficult to understand and to parent, yet there are therapeutic parenting practices that will make a difference. Please join this interactive workshop to learn more about attachment and how to help your children by knowing how to parent them and how to choose a good trauma informed therapist. *Trainer: Mary McGowan (Approved for CEUs)*



About Mary McGowan

Mary is currently the Executive Director of The Association for Treatment and Training in The Attachment of Children (ATTACH). She has worked with the NACAC doing successful grass roots recruitment for foster and adoptive families and as a post-adoption specialist. She has earned accolades as the National Education Manager for the Professional Association of Treatment Homes (PATH) and is an experienced trainer who teaches and consults locally and nationally. Mary has an undergraduate degree in Psychology with minors in Community Violence Prevention and Child Development, and her graduate work is in Clinical Psychology and Counseling. Mary has fostered many children over 25 years and is an adoptive parent of 5.