

C2 IT'S NOT JUST FOR SOLDIERS ANYMORE: PTSD & KIDS WITH SPECIAL NEEDS

Post-traumatic stress disorder (PTSD) is a mental disorder most commonly associated with combat veterans. But it also affects children with special needs. Left untreated, its effects can stunt the emotional development of children and devastate families. But early and effective treatments do exist. In this session causes and symptoms of PTSD in kids will be explored. Effective treatments will be reviewed, along with preventative measures. Common misconceptions about PTSD and its frequent misdiagnoses in children will also be addressed. Those attending the workshop leave with an extensive list of online and print resources. **(Also approved for social worker CEUs.)**



Trainer: Jolene Philo

*Jolene Philo is parent to a son with special needs, a daughter with learning disabilities and former elementary teacher. Early on, she discovered time management tips to keep from losing her mind while raising kids with special needs. Once they grew up, she included those tips and many others in her book *Different Dream Parenting: A Practical Guide to Raising a Child with Special Needs* and began blogging at www.DifferentDream.com. **Jolene will be selling her book and is available for book signing throughout the day on Saturday.***