

C1 ATTACHMENT - WHAT DOES IT REALLY MEAN?

The word attachment is thrown out a lot around children in the foster care system; however, it is often misunderstood. In this workshop, we will discuss what attachment is and the different kinds of attachment that can be seen. Reactive Attachment Disorder as well as other attachment issues will also be covered during this discussion. Together we will explore the process by which attachment is created and examine the route to creating healthy, positive attachments. **(Also approved for social worker CEUs.)**



Trainer: Joann Seeman Smith, Ph. D., LMHC

Dr. Joann Seeman Smith is a Licensed Mental Health Counselor who specializes in diagnosis, and treatment of children and adolescents with attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.