

B3 - Navigating the Social World

How do we help our children navigate social situations appropriately? We will discuss a brief overview of some of the challenges our children encounter in face-to-face and cyber social situations. We will discuss the complications that trauma and mental health diagnoses can have on your child while trying to navigate the social waters of today's society. *Trainer: Joann Seeman Smith, Ph.D.*



Joann Seeman Smith, Ph.D.

Dr. Joann Seeman Smith is a Licensed Mental Health Counselor who specializes in diagnosis and treatment of children and adolescents. She works with many diagnoses and issues including, attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, foster care, transition to adoption, bereavement, and divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.