

## **B1 - A Guide to Childhood Developmental Trauma in Kids with Special Needs**

Childhood developmental trauma is a reality for kids with special needs in foster care. To advocate effectively on their behalf, foster and adoptive parents must understand how trauma affects children from before birth and throughout childhood. The first half of this workshop debunks popular myths, examines the connection between childhood trauma and RAD, and discusses how trauma affects children's brains. The second half of the workshop looks at causes and symptoms of PTSD before reviewing effective methods of treatment and prevention. Participants will receive an extensive resource list and are encouraged to participate in the question and answer period.

*Trainer: Jolene Philo*

(Approved for CEUs)



### **About Jolene Philo**

Jolene Philo is parent to a son with special needs, a daughter with learning disabilities and is a former elementary teacher. Early on, she discovered time management tips to keep from losing her mind while raising kids with special needs. Once they grew up, she included those tips and many others in *Different Dream Parenting: A Practical Guide to Raising a Child with Special Needs* and began blogging at [www.DifferentDream.com](http://www.DifferentDream.com).