

## **A6 (Part 1 of 2) CPR & FIRST AID**

This course teaches Foster Parents critical skills and knowledge needed to respond to and manage a first aid or sudden cardiac arrest emergency in the first few minutes until emergency medical services arrive. Parents will learn how to treat bleeding, sprains, broken bones, shock and other first aid emergencies, as well as perform CPR and use an AED. The class will also cover the most common injuries to children and learn injury prevention tips. The course follows American Heart Association standards and Parents will receive Certification from the AHA. **(This is an all day course, participants must attend the full day in order to receive credit.)**



### ***Trainer: Mike Cormier***

*Mike Cormier is the owner of The CPR Company in Des Moines. He is certified to teach CPR and First Aid through the American Heart Association. Mike has also worked as a fire-fighter/paramedic at the Indianola Fire Department for 16 years and has been on the State of Iowa Disaster Medical Assistance Team (DMAT) since 2007. Prior to moving to Iowa he served with the mount rescue unit in California.*