## A4 (Part 1 of 2) "FROM CAVE PAINTINGS TO SKYPE" THE "ART" OF EFFECTIVE INTERPERSONAL COMMUNICATION AND YOU!

Effective interpersonal and professional communication is key for all of us in our daily lives whether in the workplace, at home, or as we navigate systems such as foster care and the child welfare system. However, it seems that our ability to be effective communicators continues to erode in a culture that is fast paced, overrun with technology, and increasingly disrespectful. This workshop will provide participants a "hands on" day of exploring the "art" of effective interpersonal and professional communication. Participants will gain an awareness of "how" we communicate and will gain specific skills for advancing their ability to communicate with others in all areas of life with an emphasis on "respectful communication".

## Trainer: Mike McGuire

A graduate of the University of Northern Iowa, Mike McGuire has been employed with the 2<sup>nd</sup> Judicial District Department of Correctional Services as a Probation/ Parole Officer since 1989. Mike was the coordinator of the Cerro Gordo County Community Drug Court program from 2001 until 2009 and currently serves as the Area Office

Supervisor for the Mason City probation and parole office. Mike and his wife Christie have 8 children and have been foster and adoptive parents for over 20 years. Mike has written and provides numerous trainings at the local, state, and national level.