

A2 - Sit Still and Be Quiet—Parenting the Child with ADHD

This workshop will explore the many challenges faced by children with Attention Deficit Hyperactivity Disorder. The presentation begins with an overview of how the brain manages sensory input and how the child experiences his/her world. Discussion will include examples of interventions, strategies, and ways to reframe a child's choices and behaviors to facilitate skill-building and prevent family conflict. How adults ask a child to achieve something they can't is at the heart of the issue. How to support success is the goal. *Trainer: Deena McMahon*

(Approved for CEUs)



About Deena McMahon, MSW, LISW

Deena McMahon is a family and attachment therapist in private practice. After working as clinical supervisor and director for in-home services for 20 years, she established her private practice working with children and families. She has been working with families and children for over 30 years and has developed expertise in the areas of childhood trauma, childhood sexual abuse, grief and loss, family violence, transracial placements, ICWA cases, adoption and attachment. Ms. McMahon has presented trainings for the Children's Justice Initiative, sponsored by the MN Supreme Court; has been hired by the Department of Human Services to do state-wide trainings; and has her own client caseload. She has provided training for state judges, public defenders, social service supervisors, parents, Guardians adLitem, early childhood and special education teachers, foster care providers, daycare providers, personal care attendants and mental health professionals. She is known for her passion in working with children and her strong advocacy skills.